Langports Online Activities

Tuesday 7th July

ACADEMIC CHALLENGE

Information:

-Check Instagram stories for the challenge
- Try the Instagram effect and post to your story
- Tag @Langports and challenge your friends

Wednesday 8th July

JOB HELP

Information:

Check Angus Pell Langports Facebook for the latest jobs in your city

Email recreation@langports.com to check your resume

Thursday 9th July

ZOMBIES RUN

Information:

- Download the Zombies Run app
- Jog or run
- Hear your mission and music through headphones. Run Fast!

Friday 10th July

POKER NIGHT

Information:

- Download Zynga Poker

Join the Langports room 8pm

- Invite your friends and win fake money

Weekend Activity

SURFING TUTORIAL

Information:

- Head to the beach and hire a surfboard
- Watch our tutorial on Instagram for tips on how to surf
- Enjoy the Australian beaches!

Tuesday 14th July

ACADEMIC CHALLENGE

Information:

-Check Instagram stories for the challenge
- Try the Instagram effect and post to your story
- Tag @Langports and challenge your friends

Wednesday 15th July

COFFEE & CONVO

Information:

- 5pm join the coffee and conversation class on Microsoft Teams

Thursday 16th July

YOGA

Information:

- Join the Yoga class through the link on Langports social media
- #langportslife and tag 5 friends

Friday 17th July

TIK TOK

Information:

- Follow Langports TikTok account
- Try to do the weekly TikTok challenge and share to our friends

Weekend Activity

LANGPORTS RIDING CLUB

Information:

- Download the Strava app and join the Langports Riding Club
- Post your ride and join in on the fun

Email—recreation@langports.com Facebook—Angus Pell