



Arcachon Bay Sample program

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1st week								
Morning 9h00~12h45	Day with host families	French classes	French classes	Crossing by boat basing + visit of beacon of Cap Ferret. Appointment pier 10h30. Beacon 11h30. Afternoon ocean.	French classes	French classes	Day with host families	
13h00~14h00.		Lunch	Lunch		Lunch	Lunch		
Activities 14h00~18h00		Visit of Arcachon	Visit of the park ornithological of Teich		14h30: 1 st group, down of the Leyre by canoe 2 nd group, beach	14h30: 2 nd group, down of the Leyre by canoe 2 nd group, beach		
2nd week								
Morning 9h00~12h45	Day with host families	French classes	French classes	 Parc aventure to Biscarrosse + free afternoon Biscarrosse beach	French classes	French classes	Day with host families	
13h00~14h00.		Lunch	Lunch		Lunch	Lunch		
Activities 14h00~18h00		Excursion at the « Dune du Pyla » Departure 14h	14h30 visit of the home of the oyster, port of Larros + Tasting to the Hume + beach		Afternoon: shopping to Bordeaux	Workshop pastry regional + International dinner		
3rd week								
Morning 9h00~12h45	Day with host families	French classes	 Day at the amusement park Aqualand	Day with host families National day	French classes	French classes	Day with host families	
13h00~14h00.		Lunch			Lunch	Lunch		Lunch
Activities 14h00~18h00		Release cycling. Evening: Mac Do + cinema (in option: about 12€ per pers)			Workshop of percussion and African dance	Games on the beach: badminton, football, volleyball.		