



# InterStudies Excursions

InterStudies is pleased to announce our excursion programme for the 2011-12 programme year.

Our excursions are all led by InterStudies staff, and give students a fantastic opportunity to see areas of the UK and Ireland which they might not otherwise see, as well as meet other InterStudies students from all over the world.

This year's excursion programme starts with a tour of the **Scottish Highlands**: The trip will start in Scotland's capital, Edinburgh, from where we will travel north to the cities of Fort William and Inverness, spending a night in each before returning to Edinburgh. Along the way we will take in the sights and sounds of Scotland, visiting a whisky distillery, Scottish castles, picturesque villages, and enjoying the beautiful Highland scenery. You might even spot Nessie!

On your return to **Edinburgh** you will have the opportunity to extend your stay in Scotland - joining us for 2 action-packed days exploring the Scottish capital. The mix of arts, cultural attractions, historic architecture, and modern shopping, all set in a magnificent mountainous background means that Edinburgh has something to offer for everyone!

The final trip in the InterStudies calendar visits **Dublin**, the charming Irish capital! Highlights of our midweek break in one of Europe's most friendly cities will include a tour of the Guinness Storehouse - home of the famous Irish brew, visits to Kilmainham Gaol and the famous Christ Church Cathedral, as well as a chance to explore Viking Dublin and taste some genuine Irish cuisine.

Please read on to see more details of this year's excursions, and details of how to sign up!

We look forward to showing you more of our country!





## The Scottish Highlands

*Join us on our most scenic tour!*

Departing from Edinburgh you will have the chance to explore the stunning Scottish scenery, as well as visiting castles, a whisky distillery, and trying your hand at Nessie spotting!

A true taste of Scotland. Leaving Edinburgh in the morning we will drive north to the picturesque village of Pitlochry, where we will tour the Blair Athol distillery (no trip to Scotland is complete without a distillery tour!), before having lunch in Pitlochry and exploring Black Spout Wood on foot - bring good walking shoes! Following this we will continue northwards to our destination for the first night, Inverness, the Capital of the Highlands.

After a hearty welcome meal, and a chance to get to know each other we will retire to our hostel for the night.

The following day will be spent working our way along Loch Ness. The loch is, of course, world famous for the legendary monster, Nessie, which many people claim to have seen and even photographed. We will stop at the bank of Loch Ness, so you can take the all-important picture and have a go at spotting Nessie yourself. We will spend our lunch break at the Loch Ness Exhibition Centre, where you can find out more about the famous loch and its' monster, before driving on to Urquhart Castle. We will then move on to Fort William, where we will spend our second night.

After a restful night in Fort William, we will drive south through the spectacular mountainous scenery, passing the foot of Ben Nevis (the highest mountain in Scotland, and the UK) stopping along our way to admire the magnificent views.

Stirling. Before reaching Edinburgh again we will visit the town of Stirling, where we will explore Stirling Castle, and you will have the chance to spend any left over pocket money in the large selection of shops.

**Included in the price:** Hostel accommodation for two nights (expect multi bedded rooms), breakfast, entrance to Blair Athol whisky distillery, the Loch Ness exhibition centre, Urquhart Castle, and Stirling Castle, InterStudies staff, coach and driver. Our welcome meal in Inverness is included, other meals are not included in the price, and you will be free to decide where and what to eat.

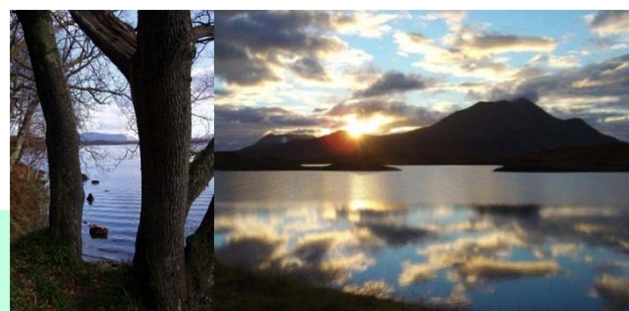
**DATES:** Departure: 21<sup>st</sup> October, morning  
Return: 23<sup>rd</sup> October, evening

**PRICE:** 185 GBP (British pounds)

Accommodation will be provided for students also taking part in the Edinburgh city trip at an extra cost of £20

You will be responsible for your own travel to and from Edinburgh at the start and end of the trip. We will depart from Edinburgh around 9am, and arrive back at roughly 6pm, so you should arrange your travel accordingly.

Do not book your travel before we have confirmed that the trip is going ahead as a minimum number of participants is required.





## Edinburgh city tour

### Meet the men in kilts!

Edinburgh is the second most visited city in Great Britain, and it's easy to see why. With its mix of arts, cultural attractions, historic architecture, modern shopping and the world famous Edinburgh Castle, all set in a magnificent mountainous background, Edinburgh truly does have something to offer for everyone.

Our trip will give you the chance to meet InterStudies staff and other students; we will take you to visit the major attractions, as well as allowing you some free time to explore Edinburgh yourself. You can either join the Edinburgh trip by itself, or combine it with our **Highland Tour**.

We will start our tour of Edinburgh with a walk up **Arthur's Seat**, the view from the top providing a stunning view over the city of Edinburgh, and the perfect place to start our trip. Having worked up an appetite we will return to the city for a hearty **Scottish meal** before retiring to our hostel for the night.

The following day will be spent exploring Edinburgh's most important sights, along the world famous **Royal Mile**. We will start with one of Edinburgh's most controversial attractions, the **Scottish Parliament**, before working our way up the sights and sounds of the royal mile to the stunning **Edinburgh Castle**, which stands guard over the city from its perch atop castle rock.

After a days sightseeing you will be free to explore Edinburgh yourself, visit the shops, and have dinner with other students - before we meet again for our evening activity, a **spooky tour** of Edinburgh in the charming company of a dead highwayman.

Our final morning will be spent in Edinburgh's **new town**, where we will explore the most important sights, as well as visiting the **national gallery** of Scotland. We will round off our trip with a traditional **Scottish lunch**, before you return to your host families.

**Included in the price:** Hostel accommodation for two nights (expect multi bedded rooms), breakfast, welcome meal on the first night, and lunch on the final day (other meals are not included and you will be free to choose what and where you eat), and sightseeing trip including entrance to Edinburgh Castle and ghost tour.

**DATES:** Start: 24th October, afternoon  
Finish: 26th October, afternoon

**PRICE:** 135 GBP (British pounds)

Accommodation will be provided of the night of the 23rd for students who have taken part in the Highland Tour at an extra cost of £20

You will be responsible for your own travel to and from Edinburgh at the start and end of the trip. The trip will start and finish around 2pm, so you should arrange your travel accordingly.

Do not book your travel before we have confirmed that the trip is going ahead as a minimum number of participants is required.





## Explore Dublin

Experience a true Irish welcome! Join us for a few days exploring Ireland's charming capital and find out why Dublin is so well known for its relaxed and welcoming atmosphere.

The InterStudies excursion to Dublin is a great chance to meet other students, socialising and making international friends while enjoying the famous Irish hospitality.

Our trip will start on the Tuesday afternoon, with a visit to the **Guinness Storehouse** - the centre of Guinness brewing since 1770. We will tour the Storehouse - one of Dublin's most popular visitor attractions, and learn how the world famous Guinness Stout is brewed. After this we will enjoy a tasty **Irish dinner**, before returning to our hostel for the night.

On Wednesday morning we will enjoy a walking tour of historic Dublin, led by InterStudies staff, taking in sights such as Trinity College, the City Hall, Dublin Castle and St Stevens Green. We will visit the historic **Christ Church Cathedral** and tour the **Dublinia Exhibition**, which will give you a fascinating insight into the history of the Irish capital. We will complete our tour with a trip to the nearby harbour town of **Dun Laoghaire**, where you will be free to explore, before we meet again for the evenings entertainment.

On Thursday morning we will return to Trinity College, where we will visit one of Ireland's most important national treasures, the **Book of Kells**, which contains the Latin text of the four gospels, decorated by Irish monks in the year 800AD. We will continue our cultural tour with a visit to the **National Gallery of Ireland**, before returning to the city centre, where you will be free to spend the afternoon exploring the Dublin's excellent shops.

We will meet again on Thursday evening for dinner together, before enjoying a truly impressive display of Irish dancing.

On Friday morning we will return to Dublin's history, visiting the notorious **Kilmainham Gaol**, a former prison which has played host to many Irish nationalist figures in the struggle for Irish independence. Today the former prison is a museum.

Our tour will finish with **farewell lunch**, after which you will return to your host families.

**Included in the price:** Hostel accommodation for three nights (expect multi bedded rooms), breakfast, entrance to the Guinness Storehouse, Christ Church Cathedral, Dublinia, Book of Kells exhibition, Kilmainham Gaol, and InterStudies tour guides. The welcome dinner on Tuesday, as well as the dinner and show on Thursday and the farewell lunch are included. Other meals are not included in the price, and you will be free to decide where and what to eat.

**DATES:** Start: 14th February, afternoon

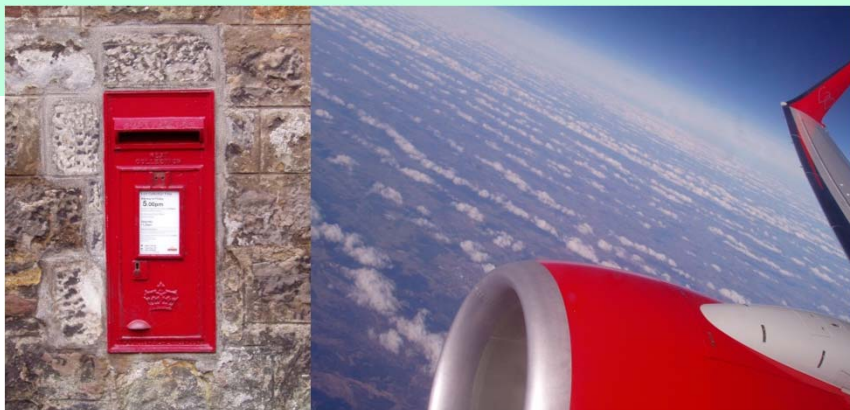
Finish: 17th February, afternoon

**PRICE:** 195 EUR (Euros)

You will be responsible for your own travel to and from Dublin at the start and end of the trip. The trip will start and finish around 2pm, so you should arrange your travel accordingly.

Do not book your travel before we have confirmed that the trip is going ahead as a minimum number of participants is required.





# Join our excursion programme!

I wish to join the following InterStudies Excursion/s:

- The Scottish Highlands, 21st - 23rd October, £185
- Edinburgh City Tour, 24th - 26th October, £135   
*(Accommodation will be provided on the night of the 23<sup>rd</sup> for students joining both The Scottish Highland trip and the Edinburgh City tour at a cost of £20)*
- Explore Dublin, 14th - 17th February, EUR 195
- I have obtained permission from my School and Host Family
- Permission from my natural family will be sent to InterStudies

I understand that by sending in this binding application I undertake to pay the price of the trip according to the tour presentation. I understand that the fee is non-refundable except in case of InterStudies cancelling the trip all together. I also understand that a minimum of participants is required. Should the minimum number not be reached the amount I have paid will be refunded in full.

Full name: \_\_\_\_\_

Signature: \_\_\_\_\_

You can send your application by post to: InterStudies, Compass House, Vision Park, Chivers Way, Histon, Cambridge CB24 9AD, or by fax to 0700 349 5909. Alternatively you can email us with the above information, or sign up via the InterStudies student website

Please make your **GBP payment to: Royal Bank of Scotland**, Penicuik Branch, 42 John Street, EH26 8AB  
Account no.: 00228049, Sort code: 83-26-10, IBAN: GB97 RBOS 8326 1000 2280 49, BIC code: RBOS GB 2L

Please make your **EUR payment to: Bank of Ireland**, Baggot Street, Dublin 2, Ireland  
Account nr.: 88210714, Branch code: 90-14-90, IBAN: IE98 BOFI 9014 9088 2107 14, Bank code: BOFIE2D

