



Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07.15 - 08.15	Arrival in Cape Town Orientation and tour of school	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08.30 - 10.00		Placement test at 08:00am	Lessons	Lessons	Lessons	Lessons	Full day Cape of Good Hope including Boulder's Beach (Packed lunch provided)
10.00 - 10.30		Break	Break	Break	Break	Break	
10.30 - 12.00		Lessons	Lessons	Lessons	Lessons	Lessons	
12.00 - 13.00		Lunch at LAL	Lunch at LAL	Lunch at LAL	Lunch at LAL	Lunch at LAL	
13.00 - 17.00		Two Ocean's Aquarium & V&A Waterfront	City Tour	Robben Island (Packed Lunch provided)	Ostrich Farm & Blouberg Beach	Seal Island & World of Birds	
17.00 - 18.00			Free time		Free time		
18.00 - 18.45	Dinner at LAL	Dinner at V&A Waterfront	Dinner at LAL	Barbeque at LAL	Dinner at LAL	Dinner at Mojo Market	Dinner at LAL
18.45 - 21.30	Free time		Ten Pin Bowling	Free time	Ice Skating		Free time
Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07.15 - 08.15	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08.30 - 10.00	Free time	Lessons	Lessons	Lessons	Lessons	Lessons	Full day Cheetah Sanctuary and Lion Park (Packed lunch provided)
10.00 - 10.30		Break	Break	Break	Break	Break	
10.30 - 12.00		Lessons	Lessons	Lessons	Lessons	Lessons	
12.00 - 13.00	Lunch at LAL	Lunch at LAL	Lunch at LAL	Lunch at LAL	Lunch at LAL	Lunch at LAL	
13.00 - 17.00	Free time	Canal Walk	Kirstenbosh Botanical Gardens	Cool Runnings	Hike up Lions Head	Table Mountain	
17.00 - 18.00		Free time	Free time	Free time	Free time	Free time	
18.00 - 18.45	Dinner at LAL	Dinner at LAL	Dinner at LAL	Barbeque at LAL	Dinner at LAL	Farewell party	Dinner at LAL
18.45 - 21.30	Free time	Mini Golf	Movie night	Free time	Karaoke Night		Free time
Week 3	Sunday	<div>Sample Programme</div> <div>Excursions and Activities are weather dependent and subject to changes</div>					
07.15 - 08.15	Breakfast at LaL						
08.30 - 10.00	Departure to CPT Intl Airport						
10.00 - 10.30							
10.30 - 12.00							
12.00 - 13.00							